



Bilingual Problem Gambling Counselling Service

Counselling and support to Campbelltown and Camden people with problem gambling issues

Funded by the NSW Government Responsible Gambling Fund

WHY THIS SERVICE IS NECESSARY

Gambling is a common activity in Australia, with most people having gambled at least once. This may be as simple as buying a lotto or scratchies ticket, betting on the races, football, playing the poker machines at the local club, pub or visiting the casino.

However, gambling becomes a problem when people spend all their money - usually on poker machines, horse racing or at the casino - in the hope they will win the jackpot and become rich, but this does not happen.

Gamblers don't realise the extent of their addiction until they have lost all their money and are unable to control themselves.

Our experienced staff is bi-lingual and can help you to address and control your addiction.

SIGNS OF PROBLEM GAMBLING

Some of the signs are:

- A preoccupation with gambling
- Gambling to win back losses
- Feeling unable to resist the urge to gamble
- Lying to friends and family about your gambling
- Borrowing money to gamble
- Obtaining money by illegal means to continue gambling

CONSEQUENCES OF GAMBLING

Some of the problems that arise because of problem gambling are:

- Depression
- Stress-related problems which leads to high blood pressure, ulcers and headaches
- Relationship and family breakdown
- Financial problems
- Bankruptcy
- Committing illegal acts such as theft and fraud
- Legal problems

HOW WE CAN HELP YOU

We can provide:

- Free and confidential gambling counselling in Arabic and English.
- Weekly support groups to discuss issues of problem gambling in a confidential and friendly atmosphere.
- Assistance for individuals to overcome their problem gambling.
- Methods and techniques to assist the families of problem gamblers to cope.
- Information and education kits in both Arabic and English
- Advice and referrals to other available services

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